



## NOTICE OF PERSONAL CHIROPRACTOR OR PERSONAL ACUPUNCTURIST

The County of Alameda does not have a Medical Provider Network for its workers' compensation program. You may be able to change your treating physician to your personal chiropractor or acupuncturist within the first 30 days of treatment following a work-related injury or illness. In order to be eligible to make this change, you must give your employer the name and business address of your personal chiropractor or acupuncturist in writing prior to the injury or illness.

The workers' compensation claims administrator generally has the right to select your treating physician within the first 30 days after your employer knows of your injury or illness. After your claims administrator has initiated your treatment with another doctor during this period, you may then, upon request, have your treatment transferred to your personal chiropractor or acupuncturist.

You may use this form to notify the County of your personal chiropractor or acupuncturist.

**Name of Chiropractor or Acupuncturist:**

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**Street, Address, City, State, Zip Code:**

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**Telephone Number:**

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**Employee Name:**

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**Employee Home Address:**

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**Employee Signature:**

**Date:**

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**EMPLOYEE:** This form must be returned to your department's personnel office or personnel officer.

**DEPARTMENT:** Make a copy for the employee and file original. If a workers' compensation claim is filed, send a copy of this sheet with claim forms (DWC-1, 5020, Supervisor's Report of Injury) to York Risk Services Group, Inc., P.O. Box 619079, Roseville, CA 95661-9079.